



PURPOSEFUL PARENTING

DAILY AFFIRMATIONS

Speak daily affirmations over your children to instill confidence, resilience, and a positive mindset. Affirmations act as powerful tools to counteract negative self-talk and build a strong foundation of self-belief in your children.

By consistently affirming their children's strengths, abilities, and worth, you equip them with the inner strength needed to navigate life's challenges with courage and determination. These affirmations serve as constant reminders of their potential, fostering a mindset of growth. Additionally, regular affirmations help strengthen your parent-child bond, communication and trust.

SPEAK THIS OVER YOUR CHILDREN EVERY MORNING

- ✓ You are a girl and/or boy of integrity, character and honesty
- ✓ You will be a blessing to your teachers today
- ✓ You will be a blessing to your friends and classmates today
- ✓ You will love the Lord your God with all your mind, heart and strength
- ✓ You are covered by the blood of Jesus and because of this, you will stand strong against the tricks and temptations of the devil.
- ✓ Your words will be seasoned with love and kindness throughout the day
- ✓ You are the head and not the tail, above and not beneath
- ✓ You are a leader who carries the Spirit of God in you
- ✓ You have the mind of Christ. If there is anything you do not understand today, the Lord will help you if you ask Him.
- ✓ You are my joy and I am so proud of you

HAVE YOUR CHILDREN SAY THIS OUT LOUD EVERY MORNING

- ✓ I am a sharp student
- ✓ I am a disciplined student
- ✓ My mind is sharp
- ✓ I don't rush, I move at the right pace
- ✓ I do my best work because I do it unto God



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MORNING PRAYER

THIS IS A PRAYER SUGGESTION MADE FROM THE LORD'S MODEL PRAYER

FOR CHILDREN AGED 3-9 YEARS OLDS

Heavenly Father,

You are so great and so good. Help us to do what makes you smile today. Be King in our hearts and in all the earth, just like you are King in heaven. Give us everything we need today Lord and remind us who we are. Help us to learn new things and to be a blessing to those around us. Forgive our sins and help us forgive others. Give us the strength to do what is right even when no one is looking. You see everything, Lord, so watch over us and protect us. In Jesus name, amen.

FOR CHILDREN AGED 10-15 YEARS OLDS

Heavenly Father,

You are great, holy and good. We glorify your name. God, take your position as king in my heart and help me to spread your kingdom here on earth as it is in heaven. Provide for our needs today God, our physical, emotional and spiritual needs. You are our Provider. Open our minds to learn from You today and to teach what we know to those around us. Forgive our sins and help us forgive others. Give us the strength to do what is right even when no one is looking. Keep us from falling into the traps of the devil. You see everything, Lord, so watch over us and protect us. In Jesus name, amen.